

CAMP BAYS MOUNTAIN

2024 Guide for Celebration Campers

Welcome to Camp Bays Mountain! We are excited that your son or daughter will be camping with us! **Please make sure your registration confirmation receipt is correct.** If you find an error or have any questions about your registration, please call (423)-349-8401.

Session Beginning and ending times:

The session begins Monday with check-in at **2:00pm** at the Dining Hall. Check-out is at **2:00pm** on Friday. Day campers can stay as long as they want each day. We end in the evenings around 8:30pm.

What to bring:

It will be important to label all items to ensure they return home with your camper.

- Shorts and tee-shirts
- Long pants (one pair)
- Underwear/socks
- Sleep wear (PJ's)
- Sweatshirt/fleece/jacket
- Rain jacket or poncho
- Towels (2) and wash cloth
- Day pack/book bag
- Swimsuit and sunscreen
- Tennis shoes for climbing & archery
- Bible
- Water shoes (**NOT** flip-flops)
- Extra pair of shoes
- Sleeping bag/sheets and pillow
- Toiletries (toothpaste and toothbrush, shampoo, deodorant, etc.)
- Bag for dirty clothes
- Flashlight
- Water bottle

Things that you will NOT need at camp

- Money
- Cell Phones
- Radios or other music players
- Pets
- Food (we provide all meals/snacks)

Tobacco, alcohol, illegal drugs, fireworks, firearms, and weapons of any kind are prohibited at camp.

We ask that campers not wear these types of clothing:

- With alcohol, drug, tobacco, or sexually suggestive slogans or logos
- Halter/tube tops
- Mini shorts or skirts
- Exposed midriffs
- Exposed underwear

Healthcare and your camper

In order to protect your camper and the camp community, it is important that each camper is healthy when they arrive. Use the following guidelines as you assess your camper's health prior to arrival. Ask these questions:

Do they have:

- A fever (100 degrees or greater)?
- Sore throat?
- Cough?
- Headache?
- Aches or pains?
- Has the camper tested positive for COVID in the last 14 days?

If the answer was "yes" for a fever AND to any other symptom, it is best to keep your camper at home. If your camper has been diagnosed with an illness or condition - such as COVID, strep, bed bugs, or lice - follow your healthcare provider's recommendation.

***** Celebration Camp campers either need to be able to clothe, bathe, eat, and use the bathroom WITHOUT ASSISTANCE or have a caregiver attend with them to perform those functions. Our staff members are not trained or expected to help change clothes, bathe, feed, change diapers, or assist in the bathrooms.*****

Medications

Prescription and non-prescription medications **MUST BE** in their **ORIGINAL CONTAINERS** and clearly labeled with the camper's name and dosage. Dosage instructions are strictly adhered to unless a physician's orders are provided. All medications will be received and logged in by camp personnel during check-in. Daily dispensing of prescribed medications is provided while at camp.

Health care at camp

Families will be notified if your camper has persistent vomiting, has a persistent condition (i.e. headache, nosebleed, fever, homesickness), or needs to be taken to the doctor or emergency room.

You have three forms to complete:

- 1. HEALTH FORM**
- 2. PROFILE FORM**
- 3. AUTHORIZATION/CONSENT FORM**

Your camper's forms are to be completed by accessing your camper's online registration account. The online forms may be completed any time before check-in, but it is helpful to the camp staff to have the information prior to

arrival. Those unable to complete the forms online **MUST** bring the paper version to check-in.

Dietary Needs

These are noted on the health form, however as a double check please call the camp office at least a week prior to the camp session and let us know of dietary restrictions. The number is 423-349-8401. If you want to send food with your camper, please let us know ahead of time.

The overall camp experience

Camp Bays Mountain's summer program is designed to be an exciting and valuable experience for campers. Worship, singing, small group activities and Bible study are combined with outdoor fun. Programs are designed to be age l appropriate, making camp an unparalleled opportunity for personal growth.

Campers will be staying in a cabin bedroom with no more than 10 campers and two counselors. There will be no co-ed bedrooms. During the day campers will be in co-ed groups. There will typically be no more than five to eight campers with two counselors per group.

Once your camper arrives, they will be supervised by our trained staff for the entire experience 24 hours per day. There is no unsupervised time at camp (your camper will always be with a group and leaders). The typical daily schedule is as follows unless we need to make changes:

7:30am	Rise and shine
8:00am	Breakfast
9:00am	Morning watch
9:30am	Morning activities
12:00pm	Lunch
1:00pm	Rest time
2:00pm	Afternoon activities
4:30pm	Bible study
5:30pm	Dinner
6:00pm	Whole camp activity
7:30pm	Worship
8:30pm	Snack
9:00pm	Get ready for bed
10:30pm	Lights out

Transportation while at camp

Some of our activities may be off-site. Campers are not allowed to drive their own vehicle to the venues. Camp provides transportation as a part of all-inclusive fees. Camp drivers are given instruction and are over 21.

Camp Activities

The following list is our activity program at Camp Bays Mountain. The activities are deemed appropriate by the American Camp Association and our staff experience. **Please note that there are more activities than can possibly be experienced in a week of camp.** Campers help select their groups' activities. Time, availability, weather, and necessary leadership are all factors affecting the actual experience. Please help us educate your camper that they may or may not get to do everything on this list. These are approved activities:

Group Bible study	Skit/talent night	Bays Mtn Park zip-line
Crafts	Stream ecology	Night hike
Swim at the pool	Square dancing/Folk dancing	Hiking on the upper trails
Creek walk	Slip-n-slide	Card games/board games
Group games for their age group	Sling shots	Pickle Ball
Ice cream making	Ga-Ga ball/Octaball	Cookout at least one meal
Four-Square	Archery	Morning and evening worship
Skulls, feathers, and furs animal presentation	Tie dye	Basketball
Nature scavenger hunt	Nine-square in the Air	Picnic
S'mores	Canoeing	

While your camper is at camp

While camp is an uplifting experience in many ways, time away from home can be a challenging time for campers *and* parents. The following points may help both camper and parent.

- In your conversations with your camper prior to camp, be positive, displaying confidence and enthusiasm about the experience.
- Please help your camper know that camp is not a phone friendly environment and that calls are generally made only when there are problems and are made by the camp staff.
- Please be in prayer every day for your camper and the camp staff during the camp session.
- It is quite normal to miss your camper.
- The camp activities are FUN and active. Your camper's day is filled with activities.
- Don't worry...you will be called if there is a problem at camp.
- Camp staff take homesickness seriously and are trained in helping children deal with their uneasy feelings. Calls from home are often

counterproductive, but staff will have a conversation with parents if these feelings persist.

Lodging

For Celebration Camp, your son/daughter will be staying in the **Retreat lodge**. This is a two-story air-conditioned building with four large bedrooms. Each bedroom has bunk beds which sleep ten campers and two staff members. In each room there is a restroom with showers, sinks, and toilets. We also have one handicapped accessible restroom on the upper level. Lodging is handicapped accessible on both levels with no stairs.

Cell Phone Policy

The most stressful situations with homesickness that we have dealt with have involved cell phone use. We encourage all campers to leave their cell phones at home during camp.

What if I need to cancel?

\$100 of the camp fee is non-refundable. To receive your remaining funds, the cancellation needs to be made by 5:00pm the Thursday before the first day of your session. Call the camp office at 423-349-8401 to do this. If after that Thursday, no refunds will be given.

Directions to Camp Bays Mountain

If using a GPS, make sure you enter **“Camp Bays Mountain”** in your GPS and not “Bays Mountain” or “Bays Mountain Park”. If you arrive at an entrance station and are asked to pay an admission fee, you have arrived at Bays Mountain Park and **NOT** at Camp Bays Mountain.

Our physical address is:

**Camp Bays Mountain
500 Hood Rd
Kingsport, TN. 37660**

We are off I-26 (Exit 3) at Meadowview Parkway. Turn west at the end of the exit ramp away from Kingsport. Go 1.2 miles and turn right onto Hood Road at Depews Chapel United Methodist Church. Go 0.8 mile and turn right at the camp sign (500 Hood Road) into the camp (1435 S'mores Trail). Also please be considerate of our neighbors and drive **SLOWLY** in the neighborhood leading to camp. We want to be good neighbors.

A final word

The Board of Directors and I are excited to offer summer camp to your family. If at any time you have a suggestion, critique, or evaluation please direct that to me quickly so that we can work toward a solution.

Jeff Wadley, Camp Director, 423-349-8401